

Swim tests and swimming:

- 1 1. All who are swimming or boating with “Girl Guide managed supervisors” must be swim tested.
- 2 2. A swim test for swimming with no PFD’s designates a person as a swimmer or non-swimmer. Non swimmers cannot go into water more than calf deep unless they are wearing a PFD.
- 3 3. Red Cross Swim kids 5, Lifesaving Society Swimmer 4 or equivalent is accepted in place of Swim test.
- 4 4. If anyone cannot fulfil the swim test (Swim 50 m and tread water for 1 minute), She can complete the Boating swim test – wearing a PFD youth swim 25 m and HELP 1 minute; adults swim 75 m and help 1 minute.
- 5 5. To go boating, you must have completed a swim test (either one). Or equivalent.
- 6 6. During backpacking and canoe trips, a Lifesaver (Bronze Cross holder)and 1 watcher can supervise up to 10 swimmers aged 12 years and older

Supervision for swimming includes Lifeguards and adult supervisors. E.g. waterfront- 1 lifeguard and 1 watcher for 10 swimmers; for up to 25 – 1 lifeguard, 1 lifesaver(Bronze Cross) and 2 watchers.

No lifeguard required for up to 25 swimming with ALL wearing PFD’s – calm water, little/no current. Number of adult supervisors varies with age of group e.g. ratio 1:3 or 1:5 with 5 & 6 year olds depending on the situation, 1:7 for 9-14 year olds.