

# NEW FROM THE LIFESAVING SOCIETY!

**SAFETY SUPERVISION TRAINING FOR LEADERS WHO ACCOMPANY GROUPS TO AQUATIC FACILITIES**

# Safeguard

## Safeguard Program

The Lifesaving Society's Safeguard certification provides safety supervision training for guardians (e.g., day camp counsellors, counsellors-in-training and others) who accompany groups of young people to pools or waterfronts. The course stresses the responsibility undertaken by these group leaders for safeguarding the young people in their care even when under lifeguard supervision.

Safeguard focuses on water safety awareness, accident prevention and the principles of aquatic safety supervision. Safeguard teaches participants how to identify hazards and at-risk behaviours, how to recognize potential victims, and how to respond safely in an aquatic emergency.

**Prerequisites:** None. Safeguard training is designed for swimmers and non-swimmers alike. Ideally, guardians are at least 12 years of age, able to swim, and have some lifesaving experience.

**Time & facilities required:** 3.5–4 hr. recommended. Actual time needed may vary with the number and maturity of the candidates and their prior knowledge, training and experience. Safeguard does not require an in-water session. However, where time and facilities allow, an in-water session is beneficial for practicing victim recognition and low-risk, non-contact rescue response in shallow water.

**Fees:** The Lifesaving Society 2014 candidate exam fee (\$9.20) applies to successful and unsuccessful candidates alike.

## For more information:

Visit Swimming & Lifesaving > Lifesaving at [www.lifesavingsociety.com](http://www.lifesavingsociety.com)

### or contact:

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The Safeguard Program CD provides the resources instructors need to teach and evaluate candidates. The CD contains the Safeguard Award Guide (Test items, Must Sees, Notes), the Safeguard PowerPoint presentation, Safeguard Course Handouts and fillable Safeguard Test Sheet. Order now for \$22.20 from [www.lifeguarddepot.com](http://www.lifeguarddepot.com).

